





Pura Panela Mojito

Ingredients:

- Juice of 1 lime
- 1 tsp of Pura Panela (or brown sugar)
- A small handful of mint leaves, plus a little extra to serve
- 60ml white rum
- soda water, to taste

Directions:

- 1. Mix the lime juice, panela and mint leaves in a small jug using the end of a spoon to crush the mint and dissolve the Panela.
- 2. Grab a tall glass and dip the rim in lime juice and then into panela to create some drama!
- 3. Pour the mojito into the glass and add a handful of ice.
- 4. Add the rum and stir, top with soda water and garnish with mint and enjoy!





Guacamole with plantains

Ingredients for the guacamole:

- Three avocados
- One ripe tomato
- One medium onion
- One lime
- Some fresh coriander
- Virgin olive oil
- Salt & Pepper
- *Few drops of Aji (or Tabasco) if you like it spicy

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Directions:

- Cut the avocados in half and discard the stone. Use a spoon to remove all the avocado flash and add it to a mixing bowl
- 2. Wash and cut the tomatoes into little pieces, and add to the bowl
- 3. Peel and chop the onion, then add it to the rest of the ingredients
- 4. Mix all the ingredients, adding a splash of olive oil with a little salt. Add the tabasco if you want it spicy!
- 5. Squeeze the lime juice into the mix
- 6. If you have a blender, use it to mix all the ingredients. The guacamole will have a creamy and smooth texture
- Open a bag of Zipaquirá Salt Loro Crisps, dip in the guacamole and enjoy!

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